



MALA DAVI THANJAPPAN

CEO OF MDC TRAINING AND MANAGEMENT SERVICES /
TRAINER AND CONSULTANT OF MDC TRAINING AND
MANAGEMENT SERVICES / MENTAL HEALTH ADVOCATE



017 - 350 3257



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Ara Damansara,
Selangor, Malaysia



[Mala Davi N Thanjappan \(M Ed\)](#)



<https://www.mdctraining.biz/>

PROFILE

With an impressive career spanning over 45 years, Ms. Mala has dedicated herself to training, coaching, and mentoring adults and children across Australia, Malaysia, Indonesia, India, and Thailand. She has successfully balanced her expertise in corporate and educational environments, becoming a leading advocate for mental health awareness, early intervention, and Montessori education methodologies.

Ms. Mala's contributions to the field of education are extensive. She designed and delivered the Montessori Method of Education Diploma for Modern Montessori International London at their franchise center in Bangkok. Her innovative approach emphasizes applying Montessori principles in diverse settings, including early childhood education, workplace training, and aged care. Her passion for early intervention stems from her involvement in international initiatives, including collaborations with the Ministry of Social Welfare in Thailand and The Lotus Flower Foundation, an NGO with a global outreach.

Her corporate experience is equally noteworthy. She has held key roles at esteemed organizations such as Mattel (KL) Sdn Bhd, Nestlé, ExxonMobil, and the German Development Service. This broad professional exposure has equipped her with exceptional interpersonal skills, enabling her to interact effectively with individuals from varied professional and cultural backgrounds.

Ms. Mala's advocacy for early intervention in mental health has gained recognition through her contributions to ASTRO, the Malaysian Mental Health Association (MMHA), the Selangor Mental Health Association (SMHA), and Mental Illness Awareness and Support Association (MIASA). She has appeared in interviews and awareness campaigns, underscoring the importance of mental health literacy. Her qualifications include Mental Health First Aid Instructor Certification from the Malaysian Mental Health Association a license from Australia and extensive participation in mental health activities in Australia and the USA.

As the founder of MDC Training and Management, Ms. Mala has spearheaded numerous educational and training initiatives targeting educators, corporate leaders, and policymakers. MDC has been instrumental in providing HRDCorp-certified training programs such as the Certificate in Early Childhood Care and Development and Aged Care and Disabilities under the HRDCorp Penjana initiative by Malaysia's Ministry of Human Resources. Additionally, MDC has launched three HRDCorp SBL-Khas-approved programs, reflecting its commitment to upskilling and professional development.

Ms. Mala's dedication to professional growth is evident from her recent participation in global platforms, including the GHT Global Montessori Conference in Cairo, in November 2024, and the 10th Asia Montessori Conference in Singapore, in October 2024. These experiences further strengthen her ability to incorporate global best practices into her training and advocacy efforts.

Currently, Ms. Mala champions the integration of Montessori methodologies into early intervention strategies for mental health, fostering positive outcomes from the early years to the workplace and aged care settings. Through her visionary leadership, MDC Training and Management continues to shape the future of education, mental health advocacy, and professional development.



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EDUCATION

- Master in Education, Victoria University Melbourne, Australia
- International Montessori Diploma, Montessori Centre International, London, England
- Special Needs Education, Montessori Centre International, London, England
- Leamington Spa Diploma - England
- Certification in NLP, Bangkok Thailand
- Accredited Standard Mental Health First Aid Instructor, Malaysia
- HRDCorp certified trainer (Cert No: TTT/17444) PROFESSIONAL

CONFERENCES

- GHT Global Montessori (Cairo, Egypt) - November 2024
- 10th Asia Montessori Conference (Singapore) - October 2024

MEMBERSHIP

- MMHA (Malaysian Mental Health Association) - Vice President
- Selangor Mental Health Association - Committee Member
- Suara Minda - Vice President
- Montessori Association of Malaysia
- NAWEM (National Association of Women Entrepreneurs of Malaysia)
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INDUSTRIAL EXPERIENCE

- Early Childhood workshops and training since 2004
- Mental Health - since 2015
- HR-related workshops - since 1987
- Corporate, Mattel, Nestle, German Development Service
- Seagull Logistics Malaysia- training and development- HR department
- Tadika Sinar Mesra, Butterworth, Tadika Strawberry, Sungei Petani, Northern Maryland,
- Sungei Petani, Tadika Perling, Tadika Aculand
- Tadika Babyartlier, Catepillar Montessori school, Bintulu, Sarawak
- Sita Devi Foundation, India - Introduction to Montessori Education
- Jakarta Montessori International - Teacher
- Lotus Flower Foundation, Bangkok (Swiss NGO)- Collaborated with the Ministry Of Welfare to set up a Shelter Home in Thailand
- Modern Montessori International Bangkok - Trainer and help to set up the training center in Thailand
- Roche Malaysia- Trainer for Mental Health First Aid
- Johnson & Johnson Malaysia - Trainer for Mental Health
- MIASA Forum - Panel Speaker on Mental Health
- Novartis - Trainer for Mental Health First Aid
- MMHA (Malaysian Mental Health Association) Trainer for Mental Health First Aid and
- Caregiver Alliance
- Segi University - Speaker for Mental Health
- Masagena Montessori, Jakarta, Indonesia - Consultation
- Sunway University - Speaker for Mental Health
- HELP University - interview for Mental Health/panel for judging Mental Health videos
- Nottingham University - video shoot on Mental Health
- Taylor University - collaboration
- Klang GH Forum - Panel speaker for World Mental Health Day
- Mental Health First Aid, Australia
- NAMI New York - Visited
- V-Buzz - Interview with ASTRO
- Caregiver Alliance Singapore - Trainer



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TESTIMONIES:

PRASATH KANAGARAS

Brand Strategist & Coach

May 23, 2021, Prasath was Mala Davi's teacher

Mala is an Icon! She is too humble for her knowledge and experience. A very pleasant trainer who's very passionate in her works. In a short time I know her I noticed her resources and personality is something we all can learn from and being part of her network is definitely a great thing!

SARA HABOUBI

Director at Jumpstarting Learning Skills

August 8, 2018, Sara was Mala Davi's teacher

Mala is one of the most compassionate people I've ever met. Her dedication to Montessori and the care and development of young hearts and minds is incredible. Mala's extensive knowledge and expertise in the area of early childhood education is a resource that any organization and family would benefit hugely from. I was lucky enough to have Mala on an NLP course where her passion for helping others really shone through. It's a privilege to be able to call this wonderful woman my friend too.

JACQUELINE YEH

Experienced ESL Teaching

October 16, 2021, Jacqueline was Mala Davi's client

When I was under training with MMI in Bangkok, Thailand Ms. Mala Davi N Thanjappan was my mentor and trainer for Montessori certification program. There I have received lots of specific learning and hands on practices. Ms. Mala was very knowledgeable about what she was mentoring. She also became our side by side observing and supporting supervisor who gave us encouragement and positive feedback.



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TESTIMONIES:

PARTICIPANTS FROM MHFA

- "Our instructor was doing a great job at answering our questions from day 1 and was open to all of our questions, took her time to answer them. These were very interactive sessions."
- "The instructor was very open to our questions and responded kindly. The sessions were interactive, fun, and motivating."
- "I learned how to approach people with mental health issues in a practical and respectful way."
- "The course material and activities were easy to understand, making it enjoyable to participate."
- "Ms. Mala shared knowledge not just from textbooks but from real-life experience, which made the course even more impactful."
- "Memberikan banyak pengajaran dan ilmu cara menangani individu yang dalam masalah mental"
- "I am so glad such course exists because I really need it badly! I always come across people who need support and I don't know what to do other than listen or just keep quiet. Sometimes I just let it be but I would try my best to encourage them to seek help. Now, I feel more confident to respond the way I did before. A few suggestions from the instructor are very useful and I can recommend it to those in need."



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